

4 June 2017

**Sermon Title: HOW TO SURVIVE A DESERT EXPERIENCE
DRINK WATER**

Scripture: Psalm 63 v 1

O God, You are my God; early will I seek You; My soul thirsts for You; My flesh longs for You in a dry and thirsty land where there is no water.

Just as hydration is essential to survive in a natural wilderness. Hydration is also essential to survive in a supernatural (spiritual) wilderness. Survival experts even warn us not to wait until we feel thirsty, but to drink and keep our body hydration levels high.

Scriptures often relates the Holy Spirit to water - Joel 2 v 23 - 28

I will pour out My Spirit on all flesh v28. When Joel's prophecy was fulfilled on the day of Pentecost all were filled with The Holy Spirit - (as if with water). And began to speak with other Tongues as The Spirit gave them utterance Acts 2 v 4

God's provision for Israel in the Wilderness applies to us today- "All drank the same Spirit for they were drinking of the Spiritual rock which followed them: "that Rock was Christ." (1 Cor 10 v 4) our refreshment in God's presence. God's presence is the **Holy Spirit**, just as the Holy Spirit is our comfort, shelter and fire, He is also like water, the essence of life for our whole being. John 7 v 37 & 38

If God's presence is Spirit - how can we remain hydrated?

By the Spirit's presence while crossing a dry spiritual landscape - Eph 5 v 18
We do this by praying in the Spirit - Eph 6 v 18; Jude 20

The Spirit expresses Himself through us in several ways:

A) He praises God

B) He makes groaning's too deep for words

C) He shows and prays adoration for God's majesty, and Christ's sacrifice.

(Read Rev Chap 4 & 5)

But here's the thing I want to highlight: The one expression of the Spirit is "**Praying in Tongues.**" Since it most refreshes us in the desert times.... 1 Cor 14 v 4

Praying in Tongues by the Spirit is an **unobstructed connection** to God's hydrating power in the Wilderness (your desert experience).

Unknown Tongues - may not help a gathering of believers (since no one understands him) but it greatly helps the individual who needs potential spiritual rehydration.

Conclusion

If you're in a spiritual desert keep yourself hydrated. Drink deeply and often by praying in tongues. It will quench your thirst and fortify your soul and keep you spiritually hydrated during dry times.